

EMERGENCY PREPAREDNESS CHECKLIST



Plan to be prepared by knowing what disasters are prominent in your area, how to prepare for them and then taking action! During a disaster, you may not have much time, so it's important to be prepared. Use this checklist to help you divide up your plans and always be ready.

GATHER INFORMATION

- Find out which disasters are most common in your area.
- Ask ReadyExperts how you can best prepare for those disasters.
- Find out what emergency warning systems are in place in your community.
- Find out what evacuation routes are in place in case of an emergency.
- Ask your workplace about emergency plans.
- Learn about emergency plans at your child's school or day care center.
- Find out what natural resources are near your home (lakes, rivers, etc.)

CREATE A PLAN

- Discuss how to respond to certain disasters with each family member.
- Plan what you'd do in case of a power outage.
- Draw a floor plan of your home and practice evacuating.
- Show each family member how to turn off water, gas and electric utilities.
- Identify an out-of-state friend or relative to contact in case of an emergency.
- Pick an emergency meeting location as a family
- Learn basic CPR and first-aid.
- Keep family records in a water- and fire-proof container.

PREPARE AND COLLECT

Collect and assemble enough supplies to keep you and your family safe in an emergency. Include items such as:

- Water (at least one gallon per person per day) in sealed, unbreakable containers.
- Non-perishable food storage.
- 72-hour kit or evacuation bag.
- A change of clothing, rain gear and sturdy shoes.
- Blankets and sleeping bags.
- A first-aid kit and prescription medications.
- An extra pair of glasses.
- A battery-powered radio, flashlight and extra batteries.
- Credit card and cash.
- Contact information for friends and family.
- Important family information such as serial numbers

WANT A CUSTOM PLAN FROM AN EXPERT?
CALL THE READYEXPERTS **1-800-773-5331**